

Exercise Science minor

2023-2024 catalog

Student Name: _____ **ID Number:** _____

Minor Requirements

Term Completed/Planned	Grade	Credit	Course #	Title
_____	_____	4	BIO103	Human Anatomy and Physiology
_____	_____	4	HPE104	Components of Fitness Training
_____	_____	4	HPE350 and 350L: Kinesiology and Lab	
_____	_____	4	HPE451 and 451L: Physiology of Exercise and Lab	

Complete **eight (8)** credits of HPE electives, chosen from the following:

_____	_____	2	HPE214	Health and Safety Education
_____	_____	4	HPE215	Health and Exercise Psychology
_____	_____	2	HPE280	Coaching Theory
_____	_____	2	HPE315	Exercise Testing and Prescription
_____	_____	2	HPE357	Research Methods and Measurement in Health, Physical Education, and Exercise Science
_____	_____	4	HPE304	Advanced Fitness Training
_____	_____	2	HPE321	Motor Learning and Development

Abbreviation Key: ML = Modern Language; SC = Signature Curriculum; EM = Engaging Minneapolis; AE = Augsburg Experience; KC = Senior Keystone Course; NSM = Natural Science & Mathematics - no lab; NSM-L = Natural Science & Mathematics-with lab; SBS = Social & Behavioral Science; FA = Fine Arts; HUM = Humanities

Student's Signature Date

Advisor signature below is only necessary if substitutions/waivers are made to the coursework.

Advisor's Printed Name Signature Date

Advisor(s): By signing, you indicate you have verified the accuracy of the information above. Faculty advisors must initial next to each course substitution/waiver and sign this form.